



HOW TO GO GREEN THANKSGIVING STYLE!

With all the planning, cooking, and cleaning, the last thing you want to think about is greening your Thanksgiving, right? But this is the perfect time to reflect and reassess your holiday preparations with a nod to sustainability. With our easy - and fun - tips, we've got you covered from now 'til leftovers.

First up: the meal. Take advantage of what's in season and local for a healthy, delicious and earth-friendly meal. For the tree-huggers in the crowd, go organic! Although the benefits to your health might not be proven yet, there's no doubt that organic agriculture is better for the landscape - fewer pesticides and other toxic chemicals seeping into soil and running off into rivers and lakes. And if you go organic, try to go organic from start to finish - include organic wines and pasture-raised, organic turkeys on your menu too!

Now we all know it's not just about the food - right? We have decorations, recycling, composting and travel to consider. Bring out your inner decorating diva self and use the beauty of nature instead of man-made plastic. Step outside and gather some pretty leaves and acorns to arrange on the table. Clip some branches and put them in a vase. Use squashes, mini pumpkins or gourds as centerpieces.

Next up: composting and recycling. Do it! There's not much more to say - it helps reduce the amount of waste going to landfills every holiday.

Last on the list: travel. Thanksgiving is often the biggest holiday for travel. And it's something we won't compromise on just for eco-reasons. Can you imagine skipping the family get-together and blaming it on climate change? That would never fly! If you're driving, check your air filter and make sure your tires are fully inflated; you'll reduce your carbon emissions and get better gas mileage.

TAKE A STEP AND HAVE A HAPPY AND ECO-FRIENDLY THANKSGIVING!